



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YMCA CAMP KITAKI

2012 Summer Resident Camp Guide
402.434.9222 www.ymcalincoln.org



SELF ESTEEM



How kids grow at YMCA Camp Kitaki

Accepting Challenges

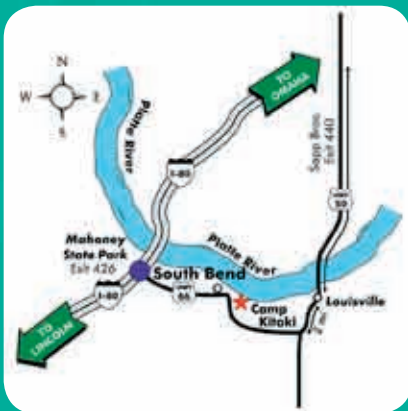
- The skills that are learned at camp increase self-esteem and foster a love of the outdoors, staying active, and lifetime learning.
- Each camper is asked to accept responsibility through daily tasks.

Building Social Skills

- Our schedule, activities, and facilities are all designed to encourage relationship building.
- Kids are taught how to be a friend, mediate conflicts, and work as a team.

YMCA Core Values

- We teach the values of Honesty, Caring, Respect and Responsibility through our Chapels, Vespers, and daily activities.



The Experience

There's nothing typical about a typical day at Camp Kitaki.

- 7:00 AM Polar Bear Dip (Optional)
- 7:30 Flag Raising
- 7:40 Chapel...focus on the 4 core values of the YMCA
- 8:00 Breakfast
- 8:45 Cabin Meeting
- 9:00 Clubs/Activities
- 12:15 PM Lunch...meals served family style
- 1:00 Rest Hour
- 2:00 Cabin Activities (horses, pool, lake, etc.)
- 5:00 Juice Jam
- 5:15 Cabin Meeting
- 5:30 Free Time
- 6:15 Flag Lowering
- 6:20 Supper...Thursday night cookout!
- 7:00 Camp Store
- 8:00 Evening Activities
- 9:30 Showers
- 9:45 Vespers
- 10:00 Lights Out*

*Bed time is adjusted for younger campers.



Dear Parents,

YMCA Camp Kitaki offers an ACA accredited camp with modern facilities. Our 200 acres of hardwood forest are filled with natural beauty, and this wonderful setting allows us to do what we do best: provide a life-changing summer camp experience for kids.

On this page, I tried to answer some of the questions parents ask most often about the camp experience. We hope you will give your child an opportunity to experience "The Magic of Kitaki." If there are any questions this brochure does not answer, please don't hesitate to call us or visit us on the Web. We believe there is no better investment in your child than giving him/her a week at Camp Kitaki this summer.

JASON SMITH
Executive Director



We Strive to Provide...

1. A Safe Environment

- All staff trained in First Aid/CPR/AED. Additional trainings/certifications required for specialty staff. (i.e. Lifeguards, Wranglers, Challenge Course Staff)
- On-site health specialist treats minor ailments. 24-hour emergency assistance is only 20 minutes away.
- Maintain American Camp Association accreditation - the industry standard for safety and operation.

2. Positive Adult Role Models

- Three full-time professional staff are on site 24 hours a day.
- 4 to 1 camper to staff ratio
- Staff are background checked, interviewed and selected for their maturity, patience, and ability to work with kids. Many staff are homegrown at Kitaki.
- All staff attend 10 days of professional training.

3. A Fun Experience

- Build long-lasting friendships and memories.
- Provide unique program areas: Horses, Adventure Trails, Pool, Archery Range, Lake, Crafts, Natural Play Area, Challenge Course and more!
- Provide age appropriate, progressive programs for kids age 7-17.

"I appreciate how he was able to be independent and grow during his week at camp. My son had a great time!"
-Parent
2011

Junior Camp

Age 7-8

This is where the adventure and magic begins for so many of our campers. Special activities, a more structured schedule, and a higher staff-to-camper ratio make this program just right for your young camper. Highlights include special swim times, horseback riding, Kitaki's Adventure Trails, and special times at Fort Pawnee. This is the best introduction to camp programs, as campers get to experience the full range of camp activities.



Adventure Mini Camp

Age 7-10

Mini Camp is the perfect way to "try us out" or fit Camp Kitaki into your busy summer! This 1/2 week program features a schedule packed with structured, age-appropriate activities that introduce the great traditions Camp Kitaki has to offer. Highlights include swimming, a campfire, crafts and archery. However, Mini Campers do not experience the same activities, such as horseback riding, as a camper staying the full week.



FOR ALL CAMPERS IN 2012



The return of Code of the West:

Jake and Jenny are in trouble with the Phantom Riders once more, and they need your help! Come help right some wrongs, defeat evil, have fun, and maybe learn a thing or two about friendship! Code of the West is part of YMCA

Camp Kitaki's Adventure Trails programs. These programs combine traditional storytelling with interactive team and values building activities to help kids grow.

- All cabins at Kitaki are air conditioned!
- All our camps feature progressive programming that ensures each child will face new adventures year after year.



Annual Kitaki Holidays

These special events are held just once a year!

Kitaki Birthday Bash (Session 3) – Celebrate Kitaki's 59th Birthday! Special activities, including a giant birthday party, will fill the week!

Fourth of July Extraveganza (Session 5) – Come celebrate Independence Day with fireworks, a carnival, a parade, and more fun!

Ikatik Yad (Session 7) – Experience a truly backwards day full of silliness and meaning! Walk backwards, talk backwards, and more!

Uhari Day (Session 10) – See which society takes home the cup in this day filled with silly competition and traditions, including the opening ceremonies!

Camp Kitaki's purpose is to build strong kids and adults through programs and services that develop positive identities, relationships, values and skills in a unique natural setting.

FRIENDSHIP

"Meeting friends is the best part of camp! There is always a new friend to be made and a laugh to share."

–Camper
2011

Summer Camp

Age 9-14

Making new friends and sharing challenging activities go hand-in-hand during this exciting week of camp. Campers spend their mornings participating in clubs. Afternoons are spent with cabin groups, pursuing progressive challenges that vary depending on age. Every camper gets to spend time horseback riding, making crafts, shooting archery, visiting the lake and the pool, and climbing the tower. Evenings are spent bonding with cabin mates, playing games, or participating in large-group activities. Every night is closed with a quiet reflection time called Vespers.

Campers at Kitaki will participate in the many signature activities that make it such a magical place, such as Campfire, Juice Jam, Adventure Trails, and the optional early morning swim known as Polar Bears. Summer Camp at Kitaki is the best week your child will have this summer.



Summer Camp Clubs

Campers attending our Summer Camp program will select three special activities they would like to experience. Known as clubs, each activity occurs for one hour on Tuesday-Thursday mornings. Below is a partial list of clubs offered. In addition to these core clubs, others will be offered each week.

- | | |
|--------------------|---------------------|
| Archery | Kitaki Dance |
| Camp Crafts | Kitaki Times |
| Canoeing | Kitaki Explorers |
| Critter Detectives | Puppet Show |
| Drama Rama | Shenanigans |
| Friendship Crafts | Wacky Water Games |
| Frisbee Games | Wilderness Survival |
| Guitar | Skills |

The clubs below require pre-registration and an additional fee. All other clubs have no additional fees and do not require pre-registration.

Target Sports Club - Age 11-14

Specifically for Summer Campers ages 11-14, this club focuses on archery and firearms. Participants visit the Platte River State Park Outdoor Heritage Shooting Complex for instruction in the use of archery, crossbows, pellet guns and .22 rimfire rifles. This club will take place Tuesday-Thursday during all three of the participant's morning club blocks.

Silver Spurs Club - Age 9-14

This club focuses on horseback riding and care. Participants will spend one of their club blocks at the barn learning horse basics with the Kitaki Wranglers, and of course getting in some more ride time! This club quadruples the amount of time spent around horses for your summer camper, and is an excellent intermediary step between summer camp programs and ranch camp programs.



"When I am at camp, I believe that I am the best version of myself; camp makes me want to be a better person."

-Camper and SK Volunteer

Ranch Camps

Ranch Camp Age 10-17 Advanced Ranch Age 11-17* Challenge Ranch Age 14-17*

Our Western Town will delight your senses and “spur” your imagination. The Ranch Camp experience focuses on time with a new horse companion. Each camper is assigned a horse for the week and spends half of each day in lessons on riding technique. Ground school sessions teach the parts of the horse and tack, as well as breeds, markings and basic care. Riding experiences involve work on the Camp Kitaki trails as well as control, posture, and technique lessons in the arena. Each session is lead by our trained Kitaki wranglers. During the other half of the day, campers in Ranch Camps experience the other traditional camp activities that Kitaki offers including: pool, lake, crafts, challenge course and more!

*Camp Kitaki employs a progressive system of skill verification in our horsemanship camps. For safety reasons, campers are asked to prove their skills before enrolling in higher levels of Ranch Camp.

Ranch Camp Achievement Levels

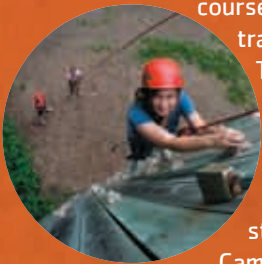
In order to optimize safety and provide a productive learning environment, riders are evaluated and grouped by skill level. In addition, campers can challenge themselves to work up our Ranch Camp Achievement Levels.



Senior Camp

Age 13-15

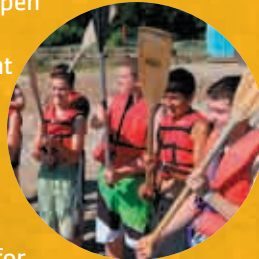
Combining activities designed for older campers with traditional Kitaki favorites, Senior Camp is the best of all worlds for the 13-15 year old. Days are spent with adventures on our challenge course, climbing tower, zip lines, traditional activities and more. This experience builds self-confidence and character, teaches independence and interdependence, and presents new and stimulating challenges. Senior Camp is for campers ready for the next step in their experience at Camp Kitaki.



Niobrara Canoe

Age 13-17

Join a small co-ed group of new friends for a canoe trip adventure on the beautiful Niobrara River near Valentine. Campers are challenged by tent camping, cooking over an open fire, and learning outdoor leadership skills. A highlight of the trip is the visit to beautiful Smith Falls. Two and a half days will be spent preparing, planning and conditioning for the two-day river trip. This is for the adventuresome teen!



Leadership Camp

Age 14-17 (two weeks with a one-day break)

During the first week of this co-ed camp, teens learn the importance of leadership style, respect for others, and communication through a balance of experiences and activities including time on our high ropes course. Following a one-day break at home, they venture to northern Minnesota to rustic Camp Cut Foot Sioux for the group's second week of personal growth and leadership development. Here the group is responsible for the daily functions of camp including cooking, cleaning, and organizing fun memorable activities.



NEW SKILLS

“She felt successful with her gentle horse, it was her 1st experience! Ranch camp was a special time for our daughter.”
-Parent 2011

2012 Specialty Camp Information

Camp Braveheart of Nebraska

June 3-9th (Session 1), for kids ages 9-14 who have cardiology health conditions. Contact: Jennifer Strawn, 402-955-4350

Camp Superkids

June 10-16 (Session 2), for kids ages 7-14 who have asthma. Contact: American Lung Association serving Nebraska (402) 502-4950

Camp Spirit

June 17-23 (Session 3), for kids ages 8-15 who have arthritis or related diseases. Contact Arthritis Foundation, Heartland Region at 515-278-0636

Camp Anderson

July 8-14 (Session 6), for kids post 5th grade - high school graduation who are deaf or hard of hearing. Contact: Northeast Nebraska Regional Program, Jill Hoffart (402) 649-7635



REGISTRATION INFORMATION

- Registrations are processed in the order they are received. If the session you prefer is filled you may join the wait list or register for another session.
- Session changes must be requested in writing. After April 15 there is a \$20 service charge for each change made.
- All registrations must be made with a \$100, non-refundable deposit. Payments may be made by check, Visa/MC or cash.
- All camp fees are due:
 - May 1st for all sessions beginning before July 4th (Sessions 1, 2, 3, 4, 5)
 - June 1st for all sessions beginning after July 4th (Sessions 6, 7, 8, 9, 10)
- Scheduled payments may be set up to pay throughout the year.
- Registration will be confirmed by email.
- A "Parent's Information Pack" will be sent after April 10th.

Cancellations

Fees (minus the deposit) are refundable only if canceled in writing 30 days prior to session start, or for a doctor approved medical reason. (Deposit is non-refundable)

Refunds **will not** be issued for campers going home early for disciplinary action or homesickness.

Participation

Rules for acceptance and participation are the same for everyone regardless of age, sex, color, race, handicap or national origin. We will make every reasonable effort to meet the needs of all those who participate. If your child has a disability, behavior disorder, or special needs, please contact us to discuss if Camp Kitaki is the right fit for your child.

Tiered Pricing

Why 3 prices? Realizing that families have differing abilities to pay, we have a voluntary 3-tier pricing program.

What are the prices? Price A is a subsidized rate that does not reflect the true cost of operating camp. Price B is a partially subsidized rate for families that can afford a little more, and Price C more accurately accounts for the true costs, including long-term wear and tear, depreciation, and facility/program improvements

Financial Assistance

Families who need more help paying for camp can apply for financial assistance. Applications are available online at www.ymcalincoln.org or by contacting the camp office.

ACA Accreditation



Camp Kitaki is proud to be accredited by the American Camp Association. This nationally recognized program focuses on program quality, health, and safety. The accreditation requires us to review every facet of our operation and is a mark of distinction.

Contact Information

Phone: 402-434-9222

Fax: 402-434-9208

Email: campkitaki@ymcalincoln.org

Website: www.ymcalincoln.org/kitaki

YMCA Camp Kitaki Summer Camp 2012

How To Register

- Choose the Camp, Session, and Price that is appropriate for your camper and family.
- Fill out the registration form and mail to: 570 Fallbrook Blvd. Suite 210, Lincoln, NE 68521 or fax to: 402-434-9208. Register online at www.ymcaincoln.org/kitaki or register by phone at 402-434-9222
- All methods of registration require a \$100 deposit. Deposits are not refundable or transferable for any reason.

#1 Registration Information

Camper #1: Last Name _____ First _____ Camper is: Male _____ Female _____ Birthdate ____/____/____
 Camper #2: Last Name _____ First _____ Camper is: Male _____ Female _____ Birthdate ____/____/____
 Camper #3: Last Name _____ First _____ Camper is: Male _____ Female _____ Birthdate ____/____/____

Please write corresponding "Camper #" in box by session number below if registering multiple campers on one form.

Address _____ City _____ State _____ Zip _____
 Parent/Guardian #1 Name _____ Gender: Male _____ Female _____ Birthdate ____/____/____
 Parent/Guardian #2 Name _____ Gender: Male _____ Female _____ Birthdate ____/____/____

Home Phone (____) _____ Cell Phone (____) _____ E-mail Address _____ Camper #3 _____

Cabinmate (limit 1 per camper)**: Camper #1 _____ Camper #2 _____ Camper #3 _____

*Registration confirmation sent by email **Campers must request each other, be of similar age, and in the same camp (IE Ranch, Summer, Junior etc.).

#2 Check (or number) the Session and Price you wish to register for:

WHY 3 PRICES? Realizing that families have differing abilities to pay, we've instituted a 3-tier pricing program. This program is voluntary, requires no paper work and in no way influences the experience children receive. Please see reverse for more information. Additional financial assistance is available for those who qualify. Visit our web site or call to request an application.

Junior Camps	Summer Camp	Teen Camps	Ranch Camps
Adv Mini-Camp: <input type="checkbox"/> \$275 <input type="checkbox"/> \$300 <input type="checkbox"/> \$325 Ages 7-9 <input type="checkbox"/> S1 June 3-6 <input type="checkbox"/> W1 June 6-9 <input type="checkbox"/> S4 June 24-27 <input type="checkbox"/> W4 June 27-30 <input type="checkbox"/> S9 July 29-Aug 1 <input type="checkbox"/> W9 Aug 1-4 Ages 9-10 <input type="checkbox"/> S5 July 1-4	Summer Camp: Ages 9-14 <input type="checkbox"/> \$415 <input type="checkbox"/> \$450 <input type="checkbox"/> \$485 <input type="checkbox"/> 1 June 3-9 <input type="checkbox"/> 2 June 10-16 <input type="checkbox"/> 3 June 17-23 <input type="checkbox"/> 4 June 24-30 <input type="checkbox"/> 5 July 1-7 <input type="checkbox"/> 6 July 8-14 <input type="checkbox"/> 7 July 15-21 <input type="checkbox"/> 8 July 22-28 <input type="checkbox"/> 9 July 29-Aug 4 <input type="checkbox"/> 10 Aug 5-11 Theme Clubs (available every session for campers enrolled in "Summer Camp" only!) <input type="checkbox"/> Silver Spurs +\$25 <input type="checkbox"/> Target Sports +\$25* *ages 11-14	Senior Camp: Ages 13-15 <input type="checkbox"/> \$415 <input type="checkbox"/> \$450 <input type="checkbox"/> \$485 <input type="checkbox"/> 1 June 3-9 <input type="checkbox"/> 3 June 17-23 <input type="checkbox"/> 5 July 1-7 <input type="checkbox"/> 7 July 15-21 <input type="checkbox"/> 9 July 29-Aug 4 <input type="checkbox"/> 10 Aug 5-11 Niobrara Camp: Ages 13-17 <input type="checkbox"/> \$515 <input type="checkbox"/> \$550 <input type="checkbox"/> \$585 <input type="checkbox"/> 6 July 8-14 <input type="checkbox"/> 8 July 22-28 Leadership Camp: Ages 14-17 <input type="checkbox"/> \$715 <input type="checkbox"/> \$750 <input type="checkbox"/> \$785 <input type="checkbox"/> 2 June 10-23 <input type="checkbox"/> 4 June 24-July 7 <input type="checkbox"/> 6 July 8-21 <input type="checkbox"/> 8 July 22-Aug 4	Ranch Camp: Ages 10-17 Adv Ranch Camp**: Ages 11-17 Wrangler Challenge***: Ages 14-17 <input type="checkbox"/> \$515 <input type="checkbox"/> \$550 <input type="checkbox"/> \$585 Challenge** <input type="checkbox"/> Regular <input type="checkbox"/> 1 June 3-9 <input type="checkbox"/> 2 June 10-16 <input type="checkbox"/> 3 June 17-23 <input type="checkbox"/> 4 June 24-30 Girls Only <input type="checkbox"/> 5 July 1-7 <input type="checkbox"/> 6 July 8-14 Girls Only <input type="checkbox"/> 7 July 15-21 <input type="checkbox"/> 8 July 22-28 Girls Only <input type="checkbox"/> 9 July 29-Aug 4 <input type="checkbox"/> 10 Aug 5-11

**Must meet requirements before registering for Advanced Ranch
 ***Must progress thru Advanced Ranch before registering.

Scheduled payments can be set up to help budget throughout the year!

#3 Payment Information - Total Due: _____

- Full Payment
 Cash Check Visa/MC - Card# _____ Exp. _____
 \$100 Deposit and Scheduled Balance*
 Charge remaining balance to my Visa/MC on ____/____/____. Card# _____ Exp. _____
 \$100 Deposit and Monthly Payments*
 Charge my Visa/MC on the 1st of each mo. starting _____ (month) at \$ _____/mo. Card# _____ Exp. _____
 \$100 Deposit Only* - Remaining Balance to be Paid by Due Date.
 *Full payment is due by the day listed below.

ATTENTION PARENTS: I understand the \$100 deposit must be paid with registration, for each session checked. It will be applied toward camp fees and is non refundable for any reason. The balance of the fees must be paid in full by:
 May 1 for all Sessions beginning before July 4th (Sessions 1, 2, 3, 4, 5) or June 1 for all Sessions beginning on/after July 4th (Sessions 6, 7, 8, 9, 10)
 Fees minus the deposit are refundable only if canceled 30 days prior to the session or with a doctor approved medical reason. No refunds will be issued for campers going home early for disciplinary action or homesickness.

Parent or Guardian Signature: _____ Date: _____



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FOR SOCIAL RESPONSIBILITY

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U.S. Postage
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Lincoln, Nebraska
Permit No. 44

YMCA Camp Kitaki
570 Fallbrook Blvd. Suite 210
Lincoln, NE 68521

402.434.9222

www.ymcalincoln.org

**EARN YOUR WAY
TO CAMP!**

Participate in the
**ANNUAL SNACK
MIX SALE**

March 10-April
28, 2012

“YMCA CAMP KITAKI...WHERE THE MAGIC NEVER ENDS...”

PLAY HERE, GROW HERE



MAKING FRIENDS



EXPLORING NATURE



ACCEPTING CHALLENGES