



Red Cross Class Schedule 2012

Full Certifications

Class time: 7 hours
 Expiration: 2 years for CPR/AED; 2 years for First Aid
 Class fees: Current Lincoln Y Staff.....\$14
 YMCA Members.....\$40
 Nonmembers.....\$80

Description: Includes CPR/AED for Adult & Child, CPR for Infants and Standard First Aid.

Days	Dates	Times	Location	Notes:
Winter/Spring Session				
Tuesday & Thursday	January 10 & 12	9am – 12pm	Cooper	*Must attend both days
Sunday	January 15	9am – 4pm	Downtown	
Saturday	February 4	9am – 4pm	Northeast	
Tuesday & Thursday	February 7 & 9	5pm – 9pm	Fallbrook	*Must attend both days
Tuesday & Thursday	March 6 & 8	9am – 12pm	Cooper	*Must attend both days
Sunday	March 11	9am – 4pm	Downtown	
Tuesday & Thursday	April 3 & 5	5pm-9pm	Fallbrook	*Must attend both days
Summer Session				
Sunday	May 13	9am – 4pm	Downtown	
Tuesday & Thursday	May 15 & 17	9am – 12pm	Cooper	*Must attend both days
Saturday	June 2	9am – 4pm	Northeast	
Tuesday & Thursday	June 5 & 7	5pm – 9pm	Fallbrook	*Must attend both days

Re-Certifications

CPR/AED & First Aid Review

Class time: 3.0 hours
 Expiration: 2 years
 Class fees: Current Lincoln Y Staff.....\$14
 Lincoln Y Members.....\$25
 Community Members.....\$50

Description: Includes review of CPR/AED for Adult & Child, CPR for Infants, and Standard First Aid

Days	Dates	Times	Branch
Winter/Spring Session			
Sunday	January 8	5pm – 9pm	Fallbrook
Wednesday	January 18	5:30-9:30pm	Northeast
Tuesday	February 7	9am – 12pm	Cooper
Monday	February 27	6:30pm – 9:30pm	Downtown
Sunday	March 4	5pm – 9pm	Fallbrook
Wednesday	March 21	5:30-9:30pm	Northeast
Tuesday	April 3	9am – 12pm	Cooper
Monday	April 23	6:30pm – 9:30pm	Downtown
Summer Session			
Sunday	May 6	5pm – 8 pm	Fallbrook
Tuesday	May 22	9am – 12pm	Cooper
Wednesday	May 30	5:30 – 9:30pm	Northeast
Tuesday	June 12	9am – 12pm	Cooper
Monday	June 25	6:30pm – 9:30pm	Downtown

Note: If you are a lifeguard you must take a professional rescuer class, not a general re-certification. Please talk to your director if you have any questions.

Pre-registration for classes required. Contact your local Lincoln Y to register.



Red Cross Class Schedule 2012

CPR for the Professional Rescuer Re-Certifications

Red Cross Lifeguards Only Class: Class includes CPR & AED

Class time: 2 hours
 Expiration: 1 year
 Class fees: Current Lincoln Y Staff.....\$14
 Description: Includes challenge for CPR & AED for the Professional Rescuer

Day	Dates	Times	Branch	Notes:
Sunday	March 11	6pm-8pm	Cooper	*Y Staff Only
Tuesday	May 22	4pm-6pm	Cooper	* Y Staff Only

Lifeguard Certifications

Class includes Lifeguard, CPR, AED, First Aid

Class time: 28 hours
 Expiration: 3 year
 Class fees: Current Lincoln Y Staff.....\$80
 Lincoln Y Members.....\$125
 Community Members.....\$175
 Description: Must be at least 15 years old. Will include lifeguarding, CPR, AED and first aid. Classes held at the Northeast Branch.

Please see our website for all registration information.

Lifeguard Challenge

Class includes Lifeguard, CPR, AED, First Aid

Class time: Varies
 Expiration: 3 year (Lifeguarding & First Aid) & 1 year for CPR/AED for the Professional Rescuer
 Class fees: Current Lincoln Y Staff.....\$14
 Lincoln Y Members.....\$60
 Community Members.....\$70
 Description: Must be at least 15 years old. Will include lifeguarding, CPR, AED and First Aid. This is a challenge, must be prepared for skills prior to class.

Days	Dates	Times	Branch	Notes:
Sunday	March 11	6pm – 10pm	Cooper	*Y Staff Only
Tuesday	May 22	4pm – 9pm	Cooper	*Y Staff Only

Pre-registration for classes required. Contact your local Lincoln Y to register.