

Youth Sports YMCA 2012 Spring Sports

SPRING SOCCER

MICRO SOCCER PRE K

Player must be at least 5 Years Old by July 31st, 2012 and not enrolled in Kindergarten for 2011-2012 school year.
4 vs 4, small field and goals,
25 minute practice, then 25 minute game.
7 weeks starting March 24 / 25 / 26
Games will be held on Sat / Sun / Mon at Spirit Park.
NEW YMCA Red and Blue Reversible Soccer Jersey will be used for Micro Soccer.

MICRO SOCCER Kindergarten—3rd Grade

4 vs 4, small field and goals,
25 minute practice, then 25 minute game.
7 weeks starting March 24 / 25 / 26
Games will be held on Sat / Sun / Mon at Spirit Park.
NEW YMCA Red and Blue Reversible Soccer Jersey will be used for Micro Soccer.

RECREATIONAL SOCCER

Kindergarten —9th Grade

Practice once a week and a game once a week.
7 games starting March 24 / 25
Games will be held on Sat / Sun at Wright Park.

YMCA Reversible Soccer Jersey

The YMCA Reversible Jersey for \$15.00 is required.
Jerseys can be purchased at Spirit Park and Wright Park on game days or at the Youth Sports office
Monday-Friday 8:00 a.m.-5:00 p.m.

Online Registration is Available for Spring Sports.

You may register online at ymcalincoln.org.
Family pin number/individual barcode located on mailing label.
No deductions can be taken when registering online.
Questions call Youth Sports YMCA 402-434-9217 .

SPRING CHEERLEADING

CHEERLEADING CLINIC 2nd –6th Grade

Sunday clinic with YMCA Cheer Director.
Cheer at YMCA Flag Football games with Cheer Director.
One hour a week for 5 weeks starting April 1
Clinic will be held on Sunday at Twirl USA.
Cheering at Flag Football games will be at Wright Park.
T-shirt is included in registration fee.

SPRING Volleyball

MICRO VOLLEYBALL 1st and 2nd Grade

4 vs 4
25 minute practice, then 25 minute game.
6 games starting April 15
Games will be held on Sunday at a Lincoln Public School
T-shirt is included in registration fee.

RECREATIONAL VOLLEYBALL 3rd—9th Grade

Practice once a week and a game once a week.
6 games starting April 15
Games will be held on Sunday at a Lincoln Public School
T-shirt is included in registration fee.

For information on Spirit Volleyball (5th—8th Grades):
call Todd Johnson at 402-434-9219.

General Information

Spring Sport Leagues and Clinics
Game Day Time Frame
Saturday: 8am—7pm
Sundays: 1pm—7pm
Monday/Tuesday: 5pm—8pm

Practice Days/Times
These are set by each team's coach

SPRING FLAG FOOTBALL

FLAG FOOTBALL CLINIC Kindergarten

Fundamentals, instruction, and activities
One hour a week for 4 weeks starting April 14 / 15
Clinic will be held on Sat / Sun at Wright Park.
T-shirt for \$8.00 is available with registration but not required.

MICRO FLAG FOOTBALL 1st Grade

6 vs 6
25 minute practice, then 25 minute game.
7 weeks starting March 26 / 27
Games will be held on Mon / Tues at Wright Park.
T-shirt is included in registration fee.

RECREATIONAL FLAG FOOTBALL 2nd —8th Grade

6 vs 6
Practice once a week and a game once a week.
7 games starting March 25 / 26 / 27
Games will be held on Sun / Mon / Tues at Wright Park.
T-shirt is included in registration fee.

All YMCA Coaches are Volunteers.

PHOTO/VIDEO DISCLOSURE STATEMENT

The YMCA of Lincoln, Nebraska will on occasion take photographs and/or video of its members or program participants for use in print materials or by electronic methods. Your entry into Y facilities, participation in Y programs or participation in Y events grants permission for the YMCA of Lincoln, Nebraska to use these photographs and/or video in its marketing and public relations efforts.

Lincoln Family YMCA Members may deduct \$10.

2012 Spring Sports

Mail registration form to: Youth Sports YMCA, 570 Fallbrook Blvd Suite 210, Lincoln, NE 68521

Registration forms need to be postmarked by the deadline day listed.

PRE K MICRO SOCCER (5 Years Old by July 31st, 2012)

Early Deadline January 20 \$34 _____
Second Deadline February 10 \$39 _____
Late Registration \$59 _____

YMCA Soccer Jersey Required

MICRO SOCCER Kindergarten—3rd Grade

Early Deadline January 20 \$34 _____
Second Deadline February 10 \$39 _____
Late Registration \$59 _____

YMCA Soccer Jersey Required

RECREATIONAL SOCCER Kindergarten —9th Grade

Early Deadline January 20 \$47 _____
Second Deadline February 10 \$52 _____
Late Registration \$72 _____

YMCA Soccer Jersey Required

FLAG FOOTBALL CLINIC Kindergarten

Early Deadline January 20 \$32 _____
Second Deadline February 10 \$37 _____
Late Registration \$57 _____

T-shirt Optional \$8.00

MICRO FLAG FOOTBALL 1st Grade

Early Deadline January 20 \$40 _____
Second Deadline February 10 \$45 _____
Late Registration \$65 _____

T-shirt Included

RECREATIONAL FLAG FOOTBALL 2nd —8th Grade

Early Deadline January 20 \$50 _____
Second Deadline February 10 \$55 _____
Late Registration \$75 _____

T-shirt Included

CHEERLEADING CLINIC 2nd —6th Grade

Early Deadline January 20 \$36 _____
Second Deadline February 10 \$41 _____
Late Registration \$61 _____

T-shirt Included

MICRO VOLLEYBALL 1st and 2nd Grade

Early Deadline January 20 \$40 _____
Second Deadline February 10 \$45 _____
Late Registration \$65 _____

T-shirt Included

RECREATIONAL VOLLEYBALL 3rd —9th Grade

Early Deadline January 20 \$43 _____
Second Deadline February 10 \$48 _____
Late Registration \$68 _____

T-shirt Included

Player's Information Last Name MI First Name Gender Birthday M/D/YR School Grade 2011/2012
Parent/Guardian Information (to be printed on team roster) Birthday for Parent/Guardian will not be printed on roster.

Father Other: _____ Last Name First Name Birthday M/D/YR Mother Other: _____ Last Name First Name Birthday M/D/YR

Address City State Zip Code Team Roster lists only two phone numbers Primary Phone Secondary Phone

Email Address will be provided to team coach.

T-Shirt Sizes (circle one): YS (6/8) YM(10/12) YL(14/16) AS AM AL XL XXL

_____ Registration Fee (Make sure to check the fee under the sport above.)

_____ \$10.00 deduction can be taken if a Lincoln YMCA Family Member

_____ \$2.00 deduction can be taken if registering more than one child

_____ Optional \$8.00 Flag Football T-Shirt

_____ Optional Donation to YMCA Families in Need

_____ Total Paid

This is a change of address and/or phone number from last registration. Yes No

I played last season and would like the SAME team. Yes No

Requests: _____
(No Guarantees)

VOLUNTEER COACHES

By agreeing to participate as a volunteer coach, you are giving the Lincoln YMCA permission to conduct a review of your background which may include a criminal history check.

I would like to be: Head Coach _____ Assistant Coach _____

Name: _____

Address/Phone # if different than above: _____

Payment: Cash _____ Check _____ MC _____ VISA _____ Amount Charged \$ _____

Card Number _____ Exp Date _____

Card Holder's Signature: _____