

TO : YMCA Spirit and Recreation Team Coaches
FROM : Todd Johnson, League Director 434-9219 tjohnson@ymcalincoln.org
RE : 2008 YMCA-Spirit Volleyball Team Registration Information
DATE : July 1, 2008



DIVISIONS : Grades 5th, 6th, 7th, and 8th (2008-2009 academic year)

OBJECTIVE : To provide 5th - 8th grade players an opportunity to develop team and individual skills outside of intramural programs at school; and to allow YMCA recreational teams to make progressive transitions into a more skill and less recreational oriented playing atmosphere. The league is not designed to be highly competitive. However game scores & win-loss records will be kept and medals distributed to top teams.

GAME SITES : Lincoln Public Schools Facilities (to be determined)

PRACTICE SITES: Some of the LPS facilities will be under construction this school year and may not be available for practice or will have different entrances to gain access to the gyms. No children other than players are allowed at any of the practice sites.

GAME TIMES : **Sunday afternoons/evenings, 12:30 - 8:00 pm.**
Teams should arrive no more than 15 minutes before scheduled game.

LEAGUE DATES : Season begins Sun. Sept. 21 and ends Sun. Nov. 16, 2008.

SCHEDULES: The league schedules, rules, and phone list will be posted on-line at www.ymcalincoln.org on **Tuesday September 9th after 5:00pm.**

LEAGUE FEES : The fee per player is \$60.00 (t-shirt included). Shirts sizes YL, AS, AM, AL, AXL, AXXL. Each team will be scheduled for 12 matches, unless unavailable more than 3 dates. **Registrations and Fees** must be turned in or postmarked by **Monday, August 18th 2008.** (\$20 discount for Lincoln YMCA members.)

PLAYING TIME : All players must play at least 1 full game per match. The goal is to allow players the opportunities to develop all-around skills rather than limited positional experience.

SCORE KEEPER Each team needs to provide one non-playing person to keep score,
LINES PERSON : and one to be line judge.

- ROSTER MINIMUM :** A minimum of **9** players per team roster is required. **Rosters with 8 or less players will not be considered.** If there are individual sign-ups a coach may choose from them to complete roster.
- OFFICIALS :** We do focus on hiring officials who are knowledgeable as well as experienced. Nonetheless, it should be reminded that the league is a developmental experience for officials as well as players. Therefore any inappropriate and/or rude behavior by coaches, players, or fans will not be tolerated. A YMCA supervisor will be on site to set up equipment and will be able to assist you with questions or concerns. If you have any questions/concerns/suggestions, please feel free to contact me directly at 434-9219 or email me at tjohnson@ymcalincoln.org during YMCA Youth Sports Office Hours Monday-Friday 8:00am-5:00pm.
- RULES:** **USAV** club volleyball rules and scoring; except with modifications in substitutions – unlimited and unrestricted. **The 5th / 6th grade Spirit Volleyball league will use a Volley-lite ball.**
- EXPULSION:** Any player/team may be expelled from the league if behavior/attitude is not acceptable. Non-acceptable behavior/attitude includes but is not limited to: comments or visual motions made in disgust or directed at opposing players, officials or supervisor during or after a game. Any fans acting inappropriately may also be asked to leave the gym.
- TEAM COACH :** In the absence of the designated team coach, there must be a non-playing adult (not player) present to serve as coach. This is a requirement to insure proper bench decorum is maintained and every athlete a chance to play. *GAMES WILL NOT BEGIN UNTIL AN ADULT COACH IS PRESENT.*
- ASSET DEVELOPMENT:** The YMCA Youth Sports Branch will be emphasizing the Developmental Assets in the Spirit Volleyball league this fall. The three assets are Service to Others, Adult Role Models, and Personal Power.
- REGISTRATION DEADLINE:** **Registrations and Fees** must be turned in or postmarked by **Monday, August 18th 2008.** Please make a copy (to keep) of your team roster form before turning it into the Youth Sports office. (A \$10.00 Late Fee required for any individual fees not received by Aug. 25th) Registrations will *NOT* be considered after scheduling begins. Please return registration with fees to :
- YMCA Spirit Volleyball
1039 P Street
Lincoln, NE 68508**
- COACHES MEETING:** A pre-season coaches meeting will be held on **Tuesday, August 26th**. (6:00-9:00 pm tentatively, will notify of exact time & location) Agenda will include: Specific rules, practice sign-up, divisions, our club league in spring, free gift and additional topics. Teams may begin practice the week of September 2nd.